**WATCH FUNCTIONS**

The crown has 2 positions:

1. **Normal position (wearing position):** when the crown is positioned against the case, the crown ensures that the watch is water-resistant.

   **Winding:** turn the crown forwards until it stops (DO NOT OVERWIND).

   Note: do not wind the watch more often than is necessary. For a watch that is worn all the time, a single winding each day will ensure that it functions correctly.

2. **Time setting:** hours – minutes – seconds. Pull the crown out to position 2. Turn the crown forwards or backwards. Synchronise the seconds by pushing the crown back to position 1 to coincide with a given time signal.

   Timing to 1/8 of a second for up to 30 minutes.